Remote Video Capture
Best Practices

**Using a Tablet / Smartphone: (Preferred Method)**

- Using Camera App Settings:
  - Landscape Orientation (horizontal)
  - Record Video: 1080p at 30fps
    - Resolution: 1080 HD
    - Frame Rate: 30fps
- Keep Phone/Tablet secured
  - Use a stand, or propped up on a table or platform of some kind
  - No Zooming or Panning
- Make sure the camera is at eye level or slightly higher
- Background
  - No obvious brand logos, artwork, or other media properties
  - You want something interesting but not too busy
    - Bookshelf = good
    - Blank wall = bad
- Lighting
  - Make sure the primary light source (window, lamp, etc) is on your face, not behind you
- **Ideally** use a supplementary microphone
  - could be:
    - Headphones or earbuds (Apple or other)
    - Bluetooth headset

**Using a Computer:**

- Using Photo Booth app settings
  - Video mode
  - Using FaceTime HD Camera
- Keep camera stationary/locked off
  - Keep computer in a secured position
    - Desk, table, or computer stand are good
  - No Zooming or Panning
- Make sure the camera is at eye level or slightly higher
- Background
  - No obvious brand logos, artwork, or other media properties
  - You want something interesting but not too busy
    - Bookshelf = good
    - Blank wall = bad
- Lighting
  - Make sure the primary light source (window, lamp, etc) is on your face, not behind you
- Audio
  - **Ideally** use a supplementary microphone
    - could be:
      - Headphones or earbuds (Apple or other)
      - Bluetooth headset
    - USB microphone
    - USB audio interface with XLR microphone