

2023 Primetime Emmy® Awards Ballot

Outstanding Documentary Or Nonfiction Special

Bama Rush

In August 2021, sorority recruitment at the University of Alabama, aka Rush, went viral on TikTok. This documentary follows four young women as they prepare for Rush 2022 and explores the emotional complexities and stakes of belonging in this crucial window into womanhood.

Being Mary Tyler Moore

With access to Mary Tyler Moore's vast archive, Being Mary Tyler Moore chronicles the screen icon whose storied career spanned sixty years. Weaving Moore's personal narrative with her professional accomplishments, the film highlights her groundbreaking roles and the impact she had on generations of women who came after her.

Call Me Miss Cleo

Chronicles the rise, fall, and reinvention of revered and reviled '90s TV psychic Miss Cleo.

Coding The Car

The automotive industry is set to change more in the next five years than in the previous 50 years, driven in large part by the arrival of the Software-Defined Vehicle. SDVs are fundamentally altering the relationship between passenger and vehicle with apps, over-the-air software updates, improving performance and increasing efficiency.

Contact The Ce5 Experience

Dr. Steven Greer & Serena DC join together to share their experiences with making contact with UFO's & take you on a journey where you will learn how you can make contact with ET's & experience visual & telepathic communication with beings who are not from planet earth.

The Day The Music Died: The Story Of Don McLean's American Pie

50 years after its release, Don McLean shares the secrets behind his iconic song American Pie, one of the great musical touchstones of the 20th century

Dead Hot

Vanessa Hudgens and GG Magree embark on a pilgrimage to Salem, MA for a master class in witchcraft, power of the goddess, and Divine Feminine. While they hone their craft, bind their sisterhood and step into personal powers, they unearth the personal demons holding them back from fulfilling their destiny.

Dionne Warwick: Don't Make Me Over

Set against a music world divided between black and white, it tells the story of Dionne Warwick's rise from New Jersey gospel choirs to international cross-over super stardom.

Director By Night

Follows a film composer's first foray into directing and explores his filmmaking origins, all through the eyes of his documentary filmmaker brother.

Elmore Leonard: But Don't Try To Write

Explore author Elmore Leonard's career, body of work and writing process with this documentary featuring previously unseen footage, family photographs and interviews with literary experts and those who knew him well, including colleagues, family and childhood friends.

Fire Front

Through first-hand footage from those on the ground, the audience is put directly on the frontlines of Australia's most devastating bushfire season, delivering a uniquely powerful insight into a disaster that captivated the world.

God Forbid: The Sex Scandal That Brought Down A Dynasty

A Miami pool boy finds himself trapped in a seven-year affair with a charming older woman and her husband, the Evangelical Trump stalwart Jerry Falwell Jr., as he becomes increasingly entangled with the Falwell's seemingly perfect lives.

Great White Open Ocean

In 2020, expert shark diver Jimi Partington nearly died in the jaws of a great white. A year later, he looks to overcome his PTSD and get back in the water with the ocean's megasharks. But what starts off well, turns into a battle between life and death.

Hi, I'm Nancy Rubin

In the 1980s and 90s, a beloved high school teacher required students in her class to write a letter to themselves, marked to be sent any time in the future. Forty years later, after more than 12,000 mailed, we follow the last three letters as they are delivered and opened.

I Am My Brother's Keeper

President Obama launched My Brother's Keeper in February 2014 to address opportunity gaps boys and young men of color face and ensure all young people can reach their full potential. I Am My Brother's Keeper highlights the journey of MBK participants on their creative exchange program with students from London.

If These Walls Could Sing

In this film of memory and discovery, Mary McCartney guides us through nine decades to see and experience the creative magic that makes Abbey Road Studios the most famous and longest-running studio in the world.

Inside High Noon

Explores the 1952 film starring Gary Cooper, and the story behind its troubled production. Though High Noon was originally seen as an attack on the blacklisting witch hunt gripping Hollywood at the time, it is now recognized as a damning portrait of civic complacency, democracy in peril.

Jason Isbell: Running With Our Eyes Closed (Music Box)

A look at the life of songwriter Jason Isbell as he records his latest record, Reunions. We watch him use the personal details of his life and the struggles with his marriage, his past, and his sobriety, to create intimate, vulnerable music.

Johnny vs Amber: The US Trial

The inside story of the trial that was streamed internationally and watched by millions on social media. With access to Johnny Depp's lawyers, legal experts, and journalists, the series gives a forensic account of key evidence from the case from both sides, allowing viewers to decide who to believe.

Judy Blume Forever

Documents the life and legacy of the author. Blume's books revolutionized the way millions of readers understood their adolescence and sexuality. Her mission to openly discuss taboo subjects paved the way to a real debate around book banning, censorship, and teen sexual discovery.

Learn With Love

Created to humanize transgender young people, share stories of the adults in their life that accept and support them, and reach mainstream audiences in the effort to garner more activism and support for transgender youth amid increased political attacks across the U.S.

Lewis Capaldi: How I'm Feeling Now

Chronicles Lewis Capaldi's journey from ambitious teen with a viral performance to pop star.

Longest Third Date

When Khani met Matt on a dating app, they had no idea COVID-19 would turn their spur-of-the-moment trip to Costa Rica into a months-long adventure.

Love To Love You, Donna Summer

A portrait of Summer, featuring photographs and home video footage, provides a look at the artist creating music from the avant-garde music scene in Germany, to the glitter and bright lights of NY dance clubs, to worldwide acclaim – her voice becoming the defining soundtrack of an era.

Love, Lizzo

Filmed over three years through the Cuz I Love You world tour, the height of the pandemic, and the recording of her latest album, Special. This documentary allows the multi-platinum artist to get candid about body positivity, self-love, and recognizing Black women for their contributions.

My Promise To PJ

A promise is made between friends where even death cannot interrupt the fulfillment of that promise, and a great adventure follows through love, loss, addiction and triumph.

My Transparent Life

Explores the lives of two transgender people though their various stages of transition and tries to answer the question: Is being transgender a choice or were transgender people really born in the wrong body?

Obi-Wan Kenobi: A Jedi's Return

Cast and filmmakers reflect on telling a new story with Star Wars characters Obi-Wan Kenobi, Darth Vader and Princess Leia. The documentary also offers insights from the actors reprising their roles as Jedi Master and Apprentice after almost 20 years.

100 Years Of Warner Bros. The Stuff That Dreams Are Made Of

Narrated by Morgan Freeman. Takes a historical look at the legacy of one of America's leading studios. It explores the origin, evolution and endurance of Warner Bros. – from a family affair to a global juggernaut.

Pamela, A Love Story

A humanizing portrait of one of the world's most famous blonde bombshells, Pamela, A Love Story follows the trajectory of Pamela Anderson's life and career from small town girl to international sex symbol, actress, activist and doting mother.

Pelosi In The House

A verité portrait of the first woman Speaker of the House during some of the dramatic political moments in American history. Filmed over three decades, this documentary chronicles the key milestones of Nancy Pelosi's career culminating with two presidential impeachments and an insurrection.

Pretty Baby: Brooke Shields

Actor, model, and global superstar Brooke Shields' journey from a sexualized young girl to a woman who embraces her identity and voice.

The Princess

A submersion into Diana's life in the constant, intrusive glare of the media spotlight. The film unfolds as if it were in the present, allowing viewers to experience the overwhelming adoration, but also intense scrutiny of Diana's every move and the constant judgement of her character.

Right To Offend: The Black Comedy Revolution

Explores the socially-conscious humor of black comedians by tracing their under-appreciated legacy of driving social change across the last century, and highlighting the rare position these artists hold in our society as both entertainers and truth tellers that speak to audiences in ways no other performers can.

Selena Gomez: My Mind & Me

After years in the limelight, Selena Gomez achieves unimaginable stardom. But just as she reaches a new peak, an unexpected turn pulls her into darkness. This raw documentary spans her six-year journey into a new light.

"Sr."

A portrait of the life and career of filmmaker Robert Downey Sr. that evolves into a larger meditation on art, mortality, and healing generational dysfunction.

Serial Killer Capital: Baton Rouge

Examines the 12 years between 1992 and 2004 where more than three dozen women were preyed upon and brutally murdered in all corners of Louisiana's capital city.

Shania Twain: Not Just A Girl

The story of Shania Twain, spotlighting her ability to transcend genres and cross borders, following her journey from Nashville newcomer to international superstar.

Sidney

Honors the legendary Sidney Poitier and his legacy as an iconic actor, filmmaker and activist at the center of Hollywood and the Civil Rights Movement.

The Sound Of 007

Reveals the history of the Bond music, from the genesis of 1962's Dr. No, with its iconic theme, through to Billie Eilish's song for 2021's No Time To Die.

Still: A Michael J. Fox Movie

A short kid from a Canadian army base becomes the international pop culture darling of the 1980s - only to find the course of his life altered by a stunning diagnosis. What happens when an incurable optimist confronts an incurable disease?

Stutz

In conversations with actor Jonah Hill, leading psychiatrist Phil Stutz explores his early life experiences and visual model of therapy.

Super Eagles 96

Charts the journey of the Nigerian men's football team at the Summer Olympics in Atlanta, Georgia in 1996.

Taken Hostage (American Experience)

Revisit the 1979 Iran hostage crisis, when 52 Americans were held hostage in Tehran, through stories of those whose ordeal riveted the world.

3000 Reasons/3000 Razones

#21 has become a symbol of PuertoRican identity which transcends social classes, political and religious views. In his 18 MLB seasons, Roberto Clemente suffered the racial prejudice of the times. It was not enough to break his spirit: he became the 11 player and 1st latinamerican to achieve 3000hits in1972.

'Til Death Do Us Part Kourtney & Travis

Kourtney Kardashian, Travis Baker, and their guests enjoy a luxurious wedding weekend in Portofino, Italy. Private and personal footage reveal an intimate family event full of beautiful moments.

The Torso Killer Confessions

Through a decades long relationship with Richard Cottingham, better known as The Torso Killer, Detective Robert Anzilotti has obtained a new confession. In addition to the new confession, the special features audio tapes of the men's conversations, exclusive footage, and multiple confessions from Cottingham regarding his recent killings.

Untrapped: The Story Of Lil Baby

A look at the life of rapper Dominique Armani Jones (aka Lil Baby) as he navigates his rise from West Atlanta streets to the top of the Billboard charts with his roles as devoted father, son, community philanthropist and powerful voice in the fight for racial justice.

Unzipped: An Autopsy Of American Inequality

An expose of the growing affordable housing crisis in America, told through the lens of Venice, CA 90291's struggle with the housing divide.

The Volcano: Rescue From Whakaari

Survivors' and rescuers' accounts and minute-by-minute footage fuel this documentary about the deadly 2019 volcanic eruption in New Zealand.

Willow: Behind The Magic

Offering viewers a behind-the-scenes look at the making of the original series based on the fantasy-adventure film of the same name about an unlikely group of heroes looking to save their world from evil forces.

Wynonna Judd: Between Hell And Hallelujah

Wynonna Judd navigates her grief after the passing of her beloved mother Naomi. With Brandi Carlile, Faith Hill, Trisha Yearwood and more, Wynonna hits the road to celebrate The Judds' legacy. The film is a salute to the past and a promise of hope on the other side of grief.

Outstanding Documentary Or Nonfiction Series

Accused: Guilty Or Innocent?

Takes you inside the US justice system for a look at criminal cases. Each episode tells the story of one crime, one defendant and their attorneys – and asks a critical question, what does justice look like?

American Forest Fires

Forest fires have become a partisan issue rife with finger-pointing. Within the American West's current fire dilemma, the policies, which have always lacked the necessary nuance, must change so that forestry management can effectively protect our forests and rural communities.

American Masters

Illuminates the lives of those who have left an indelible impression on our country—through compelling, unvarnished and unforgettable stories.

The Anarchists

Rule-avoidant freedom activists come together in Acapulco, one of the most dangerous cities in the world, and their utopian ideology collides with the unpredictability of human nature. Relationships are fractured, rivalries are forged and, ultimately, lives are lost.

Artful

Painters, sculptors, photographers, illustrators, and other artists from different disciplines share how their personal faith sparks their creative spirit.

The Bermuda Triangle: Into Cursed Waters

Deep sea divers locate lost ships & planes in the Bermuda Triangle. The team made headlines locating a fragment of Space Shuttle Challenger, authenticated by NASA. Other prominent finds include a US Navy surveillance aircraft, the British ship, Santa Theresa, and US merchant vessel, General Whitney.

The Black Beauty Effect

Executives, influencers, pioneers and more take a deep dive to share their journeys in disrupting the beauty industry and shaking up the world by reminding us all of the power of The Black Beauty Effect.

The BMF Documentary: Blowing Money Fast

Charts the rise and fall of Black Mafia Family founders, Demetrius "Big Meech" and Terry "Southwest T" Flenory, who built one of the largest cocaine empires in American history, as told by insiders close to the family.

Boys In Blue

Spotlighting the North Polars high school football team – who are coached and mentored by members of the Minneapolis Police Department – as the players come of age in the aftermath of the police killing of George Floyd.

Branson

Examines the life and adventures of businessman Richard Branson sixteen days before his historic first flight into space. Blending insights from family members, business associates, and journalists with decades of archival and home video footage, the series unveils the man behind the many ventures and adventures.

Chef's Table

Dig into the best pizzas from around the world, prepared by renowned chefs who bake passion, creativity and hard work into every slice.

Chimp Empire

A vast community of chimpanzees thrives in a forest in Uganda, navigating complex social politics, family dynamics and dangerous territory disputes.

Cold Case Files

There are over 100,000 cold cases in America, and only about 1% are ever solved. Cold Case Files explores the cases that defied the odds. Each episode examines the twists and turns of one murder case that remained unsolved for years and the evidence that finally solved it.

Cold Justice

Follows veteran prosecutor Kelly Siegler and her rotating team of seasoned detectives Steve Spingola, Tonya Rider and Abbey Abbondandolo, as they travel to small towns to dig into unsolved homicide cases that have lingered for years without answers or justice for the victims.

Conversations With A Killer: The Jeffrey Dahmer Tapes

Serial killer Jeffrey Dahmer confesses to his gruesome crimes in unguarded interviews, offering an unsettling view into a disturbed mind.

Crime Scene: The Texas Killing Fields

An overgrown field and a stretch of highway connect a series of grisly murders spanning several decades as grieving families search for answers.

Dear Mama

Shares the saga of mother and son, Afeni and Tupac Shakur.

Double Fine PsychOdyssey

Captured continuously over the span of seven years, Double Fine PsychOdyssey documents the evolution of a creative workplace, as the company and its employees navigate commercial woes, turbulent leadership, personal hardships, and world-shaking events on the path to create a worthy sequel to a cult-classic video game.

Ed Sheeran: The Sum Of It All

Ed Sheeran opens the doors to a definitive and honest view into his private life as he explores the universal themes that inspire his music. This series follows Ed after he learns of life-changing news and reveals his hardships and triumphs during this challenging period of his life.

Edge Of The Unknown With Jimmy Chin

Takes audiences inside the minds of pioneering adventure athletes as they recount their most consequential life moments on their journey to perfect the mastery of their craft.

FDR

FDR advanced relentlessly with a spirit of bold experimentation. There was no playbook for dealing with the Great Depression and WWII. FDR made mistakes, but ultimately refused to accept failure and attacked each problem with an unyielding drive to try everything to preserve world democracy and move the nation forward.

Fight The Power: How Hip Hop Changed The World

Chuck D of Public Enemy leads a cast of Hip Hop icons and cultural commentators to explore the artform's political awakening over the last 50 years. From The Message to Fight The Power 2020, they examine how Hip Hop became the Black CNN and a global force for change.

The Food That Built America

The history behind iconic food brands through the trials and tribulations of their innovative founders such as Henry Heinz, Milton Hershey, the Kellogg brothers, the McDonald brothers, and countless more. It explores the beginnings of America's most nostalgic foods, brands, and restaurants.

Full Swing

Follows a diverse group of professional golfers on and off the course across a relentless season of competition.

Growing Floret

Flower farmer Erin Benzakein wrestles with the meaning of legacy as she works to save endangered roses, breed never-before-seen varieties of zinnias and create a massive flower library...all while trying to run a business and be a good steward of the land.

Gunther's Millions

A dog with a trust fund isn't the strangest part of this story. Gunther's eccentric handler also lived a luxe life with a cult-like entourage.

Harry & Meghan

From their courtship to their exit from royal life, Harry and Meghan share their complex journey in their own words in this docuseries.

Inmate To Roommate

One of the most significant factors in reducing recidivism rates is access to housing. Inmate to Roommate follows recently released inmates as they move into the homes of practical strangers and attempt to successfully re-enter society with a brand new lease on life.

It Couldn't Happen Here

Shines the light on crime in small town America and explores the unique ways investigations can go wrong in insular communities where everyone on the inside is connected and no one on the outside is watching.

Keep Sweet: Pray And Obey

Examines the rise of Warren Jeffs in the Fundamentalist Church of Jesus Christ of Latter-Day Saints and his shocking criminal case.

The Last Movie Stars

Explores the love story and enduring legacy of Hollywood legends Joanne Woodward and Paul Newman.

Light & Magic

Takes viewers behind the curtain of Industrial Light & Magic, the special visual effects, animation and virtual production division of Lucasfilm. Showcasing the pioneers of modern filmmaking—whose work inspired the industry of visual effects—the documentary follows the journey to bring George Lucas' vision to life.

Menudo: Forever Young

Chronicling the story behind the rise and fall of Menudo, the most iconic Puerto Rican boy band in history.

MerPeople

Dives into a world of performers who have turned their love for the mystical sea creature into careers. From performances to the crowning of the King and Queen of the Seas, this series will take you on a journey of intrigue and enchantment.

MH370: The Plane That Disappeared

In 2014, a plane with 239 people aboard vanishes from all radar. This documentary series delves into the modern mystery: Flight MH370.

Mind Over Murder

In 1985, six individuals were wrongfully convicted for murdering a beloved grandmother in rural Nebraska. Despite their exoneration, many in Beatrice – including the six themselves – still believe they are guilty. In 2021, a local theater staged a play about the case, leading to a powerful moment of reckoning.

Murdaugh Murders: A Southern Scandal

Shocking tragedies shatter a tight-knit South Carolina community and expose the horrifying secrets of its most powerful family.

The Murder Inc Story

Dive into world of music mogul Irv Gotti with untold stories and firsthand accounts from those who were there to experience the rise, fall and redemption of his Murder Inc Records. Featuring exclusive interviews with Jay-Z, Nas, Ja Rule, Fat Joe, Charli Baltimore and Irv Gotti.

100 Foot Wave

Surfing pioneer Garrett McNamara's quest to conquer a 100 foot wave and its transformation of Nazare, Portugal is detailed in this series. Season 2 broadens beyond Garrett to cover many surfers, top pros and local newcomers, all attempting to be the first to surf the world's first 100 foot wave.

Origins Of Hip Hop

Dissects the moments that helped forge each artist, revealing their contribution to Hip Hop and its legacy as the world's most influential cultural force. With their careers as the spine, each artist tells their individual stories of strife, survival, and success.

Patagonia: Life On The Edge Of The World

Narrated by Chilean-born actor Pedro Pascal, Patagonia explores the wonders of one of the wildest places on Earth through the lives of extraordinary animals and people. Filmed over one year, we reveal what it takes to survive and thrive at the edge of the world.

Pepsi, Where's My Jet?

When a 20-year-old attempts to win a fighter jet in a Pepsi sweepstakes, he sets the stage for a David versus Goliath court battle for the history books.

RapCaviar Presents

Tackles some of today's issues through the stories of hip-hop visionaries and emerging stars currently ruling the charts and influencing our culture, from City Girls to Tyler, The Creator, Polo G, Roddy Ricch, Coi Leray and more.

The Secrets Of Hillsong

Based on the original reporting on the megachurch's scandals, by journalists Alex French and Dan Adler, The Secrets of Hillsong goes beyond the headlines and behind the velvet rope to examine the church's long pattern of covering up misconduct to protect itself.

Secrets Of The Elephants

Travel the globe, meeting different families of elephants, each with their own specific set of passed-down cultural behaviors, to reveal not just how truly extraordinary they are in their own right, but also how similar they are to humans.

Sins Of Our Mother

When Lori Vallow's kids vanished, the search for them unearthed a trail of suspicious deaths, a new husband who shared her doomsday views — and murder.

The 1619 Project

An expansion of The 1619 Project, the series seeks to reframe the country's history by placing the consequences of slavery and the contributions of Black Americans at the very center of our national narrative.

Snapped

Profiles the fascinating cases of everyday, seemingly average moms, wives and girlfriends accused of murder. Did they really do it? And if so, why? Was it a cheating spouse, years of constant abuse or that dirty dish in the sink?

Sometimes When We Touch: The Reign, Ruin And Resurrection Of Soft Rock

It dominated pop music. Then became a punch line. Now its influence is felt everywhere from hip-hop samples to TikTok. From the Carpenters to Kendrick, Sometimes When We Touch charts a musical movement through its most treasured songs, stories and stars.

Still Missing Morgan

In 1995, Colleen Nick's life would be forever changed when her daughter, Morgan Nick, was kidnapped while playing with friends. When the Nick case is re-examined in 2020, a documentary crew was there with the new investigators - leading to the first dramatic shift in the investigation in 25 years.

Stolen Youth: Inside The Cult At Sarah Lawrence

A group of bright Sarah Lawrence College students fall under the dark influence of a friend's father, Larry Ray. With access to the survivors who lived with Ray, the film follows the cult from its origins through its still-unfolding aftermath.

Surviving R. Kelly Part III: The Final Chapter

Concludes with the final installment following the former R&B superstar as he faces multiple federal and state trials. The final chapter connects the fine print with details never shared with the public, culminating in the verdict.

30 For 30

Using original interviews and archival footage, these films examine what sports mean to culture.

Trainwreck: Woodstock '99

The 1999 fest takes a hard swerve away from 1969 Woodstock co-creator Michael Lang's vision with a military base locale, profit focus and toxic vibe.

The 2010s

Explores the Obama and Trump presidencies, the decade's sweeping social movements, the enormous influence of social networks, the tumult of 2020, as well as the changing trends and tremendous highlights in television and music, driven by archival footage and observations from journalists, historians, and celebrities.

The U.S. And The Holocaust

Examines America's response to one of the greatest humanitarian crises of the twentieth century. Combining first-person accounts with historical research, this series delves deeply into the tragic human consequences of public indifference, bureaucratic red tape and restrictive quota laws in the United States.

Unsolved Mysteries

Real cases of perplexing disappearances, shocking murders and paranormal encounters fuel this revival of the iconic documentary series.

Untold

From football to basketball and streetball to sailing, these stories aren't the ones you've heard before, even if you think you have.

Violent Minds: Killers On Tape

Before the FBI's Behavioral Analysis Unit existed, psychologist Dr. Al Carlisle dared to reach into the minds of the most dangerous killers. Using Dr. Carlisle's archive of recorded conversations with killers, the series explores if we understand how one becomes violent, can we stop killers from claiming their first victim?

Voices Rising: The Music Of Wakanda Forever

The score for Black Panther: Wakanda Forever was crafted in collaboration with musicians and artists from across the globe. This series showcases how this team pushed the boundaries of what a Hollywood score and soundtrack can be.

The Vow Part II

Set against the backdrop of the federal trial of The United States against Keith Raniere, Part II offers a view into Raniere's innermost circle, including NXIVM co-founder Nancy Salzman. It follows the legal and emotional journeys of the group's founders, supporters, and defectors.

What's Your Hustle?

We sit down with hustlers from all walks of life - from professional athletes to artists to business successes - and learn more about what makes them tick.

WWE Legends (Biography)

Continues to tell the stories behind the success of some of WWE's most memorable Legends and events. Through archival footage and interviews, each episode explores a different Legend and their immense impact in the WWE universe and on pop culture.

End of Category